

Final Declaration

Following the 20th Congress of Soroptimist International of Europe,

we Soroptimists will further increase our commitment to the “Water and Food” theme.

We will disseminate information about water and healthy nutrition in our home environment and communities.

We will promote education, as there can be no global food security without a better understanding of the problems and the solutions.

We will remind politicians and stakeholders that access to Water and Food is a human right and encourage women and girls to actively demand this.

We will pay better attention to food miles when shopping and strive to buy locally.

We will educate our children from an early age to eat healthy food, thus promoting the right eating habits.

We will be more source- and health-conscious buyers and consumers of food.

We will try to eat less meat.

We will make a greater effort to buy only those quantities of food we really need in order to waste less food.

We will support research and innovation in agriculture and nutrition.

In short, we will dedicate ourselves not only to conserving water but also to eating better and more healthily, showing respect for the resources of nature as well as making better food choices and spreading these important messages around the world.

Berlin, 14th July 2013

Kathy Kaaf, President of Soroptimist International of Europe 2011-2013

Heide Ibach, Chair of the Congress Committee