

## PROGRAMME FOCUS REPORT FORM

FEDERATION: SI/Europe

NEW PROJECT/PROGRAMME                    X  
CONTINUING PROJECT/PROGRAMME  
FUNDRAISING

The core purpose of Soroptimist International is to advance human rights and the status of women. In order to do this, clubs undertake service projects in their communities that improve the lives of women and girls. In order to track the success in achieving the core purpose, SI clubs are asked to submit programme focus reports on their successful club projects. Once completed, forward to:

Union and/or Federation Coordinator    **Health Coordinator SI Belgium and S/E**

### Part I. Identification

Date: April 2005

Club Name: **ANTWERPEN**

Union/Region BELGIUM

Club contact Name: Liselotte Goor

Email : goor@skynet.be

Project Title :        **AROMATHERAPY**

Project Partnerships: \_\_\_\_\_

Target Group:    **Patients who no longer react to curative treatments**

### Part II:

Programme of Service Area\* (Check the box/boxes that best describes your project): \*Details overleaf.

<input type="checkbox"/> Human Rights/Status of Women:	<input type="checkbox"/> Education:	<input type="checkbox"/> Economic and Social Development:
<input checked="" type="checkbox"/> Health:	<input type="checkbox"/> Environment:	<input type="checkbox"/> International Goodwill and Understanding:

### Describe your project

#### (1) What you did, (2) Why you did it, (3) How you did it, (4) Results and recommendations

(1) Palliative care is a continuous, active and integral care for patients who no longer react to curative treatments. Palliative care tries to control pain and other physical symptoms. It helps to bear psychological, social and spiritual problems. The main purpose is to obtain the best possible quality of life for the patient and his family and friends. The aromatherapy is gaining importance within the field of palliative care. The therapy uses essential oils which are sprayed, evaporated or used to treat wounds. The oils have an agreeable scent and a healing effect. Wounds heal and their offensive smell is neutralized, creating a better atmosphere for patient and family. However, this treatment is not accepted by the health insurance funds and the aromatics are not provided by hospitals. The nursing staff working with this therapy have to buy the essential oils. The costs are not charged to the patients.

(2) For the celebration of the 75<sup>th</sup> anniversary of SI Club Antwerpen we wanted to make a special effort to support effectively different organizations (9 in total) which are committed to the softening of the life of needy people in society, in Antwerpen and abroad.

(3) Several activities to collect funds were organised (theatre, concerts, selling of products, auction of peace dolls made by artists, etc.)

(4) A contribution of **1.500 €** was made to the Department Palliative Care of the Academic Hospital Middelheim, to fund aromatics for one year.

Project Costs:                    Estimated number of Hours Spent: the club members organised a number of activities (theatre, concert, selling chocolates, lanyards, decorated notebooks, auction of peace dolls made by artists, etc); in two years time, nearly 26.000 € were available for the 9 chosen projects.